



# E.L. HAYNES HERALD

April 8, 2010

3600 Georgia Avenue, NW  
 Washington, DC 20010  
 (202) 667-4446 phone  
 (202) 667-8811 fax

Dear Parents,

Welcome back! It's officially Spring and the fourth quarter is in full swing. Every spring there are a number of school-wide events that we want to make sure families know about and participate in. Below are the BIG 3 for the close of the 2009-2010 school year. We invite you to get involved in planning, donating, lending your time, bringing your family, and JOINING THE FUN!!!

### Yard & Bake Sale

The Yard & Bake Sale is quickly approaching! It will be Saturday, April 17 from 10am – 2pm in the E.L. Haynes parking garage. **Donate** gently used books, clothes, household items, toys, and baby items to the sale. Bring Yard Sale items to donate to the school on Friday, April 16 after 5pm. Bring Bake Sale donations on the morning of April 17 before 10am. If you have questions about what donations will be accepted, please contact Keely Flaherty at [kflaherty@elhaynes.org](mailto:kflaherty@elhaynes.org) or 202-667-4446. We need **volunteers** to help with sorting items as they arrive on Friday, April 16 from 5-9pm and volunteers to help with the sale on Saturday, April 17 from 8am – 3pm. And we encourage all families to **come shop** at the sale on Saturday!

### Family Picnic

Mark your calendars! E.L. Haynes will hold our **Annual Family Picnic on Saturday, June 5** from 12:00 noon to 3:00 pm at Raymond Recreation Center. The event will be a potluck for all families and staff and include activities for students, the raffle drawing, and a silent auction. If you are interested in **helping plan** the event, have been a part of the Kansas Avenue Committee working on this event, or are able to **volunteer** on the day of the event, please contact Keely at [kflaherty@elhaynes.org](mailto:kflaherty@elhaynes.org) or 202-667-4446

### Raffle

We have collected outstanding prizes for our school raffle this spring – Redskins tickets, Nationals tickets, a \$200 gift certificate to BLT Steak, a \$100 gift certificate to Commonwealth Gastropub, and a lovely watch. Tickets for the raffle will be sold for \$1 each during May and the raffle drawing will be held at the Family Picnic on June 5. We have also begun to collect amazing prizes for the Silent Auction, which will also be held on June 5. See the flyer in this week's Thursday Express for ideas on how you can **contribute your time, any items for raffle, and talents.**

Sincerely,

Michelle M. Molitor  
 Principal, Pre-K through 3<sup>rd</sup> Grades

Eric Westendorf  
 Principal, 4<sup>th</sup> through 8<sup>th</sup> Grades

Sun 11	Mon 12 Middle School Community Circle	Tues 13 8:30am – Principal's Coffee Upper Elementary Community Circle	Wed 14	Thurs 15	Fri 16 Drop off Donated items for yard sale, 5pm-9pm	Sat 17 Yard Sale, 10am- 2pm
18	19 DC CAS grades 3-7 EVERY DAY, ON TIME!	20 DC CAS grades 3-7 EVERY DAY, ON TIME!	21 DC CAS grades 3-7 EVERY DAY, ON TIME!	22 DC CAS grades 3-7 EVERY DAY, ON TIME! SPT: Update on Kansas Avenue	23 DC CAS grades 3-7 EVERY DAY, ON TIME!	24

# NOTEWORTHY INFORMATION

**Important Reminder!! Starting tomorrow, Fridays will be a full academic day during the month of April. Classes will be in session from 8:30am-3:30pm from April 9-April 30<sup>th</sup>.**

**Reminder!** The DCCAS will be given to students April 19-April 30<sup>th</sup>. Please make sure your students are here each day, on time, well fed and well-rested, especially during this period of time!

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**Principal's Coffee:** - Would you like to have the chance to talk with your child's principal about anything under the sun?? Come have coffee with us on Tuesday, April 13<sup>th</sup> at 8:30am!

**School Parent Team Meeting:** This month's meeting will be held on Thursday, April 22<sup>nd</sup>, and will the discussion will be focused on "An Update on our Kansas Avenue Transition". If you have other issues that you would like to have addressed at our SPT meetings, please contact Beth Hood at [bhood@elhaynes.org](mailto:bhood@elhaynes.org) or at 667-4446. Have Fun with Your First Grade Friends!

**Time for our First Grade Potluck!** Tuesday, April 27<sup>th</sup> @ 6pm in the El Haynes Cafeteria

Please bring the following, in quantities to feed 8-10 people:

(No peanuts, please!)

Last names A - G : Entrees

Last names H - N : Desserts

Last names O - Z : Side Dishes/Salads

Drinks & paper products will be provided.

Please remember to bring serving utensils and label anything that you want returned. Please let us know if you're planning on coming! Call or email:

Britt: [metadog@mindspring.com](mailto:metadog@mindspring.com) / 202-302-1570

Sonia: [slassaduke@yahoo.com](mailto:slassaduke@yahoo.com) / 202-483-1308

For Spanish speakers, call Beth Hood at 667-4446, ext 3207

**Please Be Kind Drivers!** In order to have a smooth drop off/pick up time, we ask that all be especially courteous to your fellow parents and our neighbors by:

- Only dropping off in front of our building on Otis (no parking in front of our building, please!)
- When dropping off, please move down as far as you can on Otis, so that cars coming in off of Georgia can have a place to turn.

**Food Stamps/Medicaid Applications:** If you would like guidance in filling out the Food Stamps/Medicaid/Public Assistance applications, please stop by Ms. Hood's office, located in the main office or call her at 667-4446, ext. 3207 to set up an appointment.

## **Community Activities:**

**Girl Scouts Leadership Conference at Howard University:** Please see the flier included in your Thursday Express folder on a free workshop called “Your Turn to Lead”, sponsored by the Girl Scouts Council. The workshop is open to all girls, ages 11-17, and is designed to inspire teen girls to recognize their own abilities and become active in their school and community.

**Family Day at the National Air and Space Museum:** The theme of the event at the national Air and Space Museum is “Explore the Universe” family day at the National Air and Space Museum which will take place on Saturday, **April 10, 2010**.

We will have amateur astronomers teaching kids about telescopes and letting them observe the sky. There will also be storytellers telling tales about the night sky from Africa, India, and the US. Children and their families can also take part in hands-on activities for all ages. See the attached flyer for more details.

**Invitation to Free Screening of DisneyNature’s Oceans :** In honor of it’s collaboration with D.C. Charter Schools, Walden University would like to say “thank you” to charter schools’ for their ongoing contributions to our community and our children. In recognition of all the hard work charter school leaders and staff do throughout the year, Walden invites you and a guest to attend a special screening of DisneyNature’s Oceans.

As part of Walden University’s mission of positive social change, we are pleased to give school educators, staff, and their guests the opportunity to see this special movie about the mysteries of our world. Visit the Disney website to see the stunning trailer for the movie, or review the educational guide for ways to use the powerful educational content of this film in the classroom: <http://disney.go.com/disneynature/oceans/>.

Date: Saturday, **April 24** and Sunday, **April 25, 2010**

Time: 11:00 a.m.

Location: Gallery Place 14, 701 7th Street NW, Washington, DC 20001

RSVP today for one of these screening times:

<http://guest.event.com/i.aspx?1Q%2cM3%2cbacaf2eb-5f89-4e3c-9c92-1066e5bbfd98>

RSVPs will be accepted in the order received, but seating is limited. You may RSVP for only one screening. You will receive an email confirming your registration. A printout of your registration or photo identification is required to enter the event. Because of limited space, the reserved auditoriums will accommodate only invited guests, so unfortunately, additional tickets will not be available.

### **Counselors Corner**

**MsTeri**

As students return from Spring Break upon separation from the social and academic rigor of school they are often faced with varied emotions. The adjustment of returning to school and preparing for academic and social demands can often be challenging and overwhelming. Its during this time that our students yearn for a certain type of support to manage emotions associated with anxiety.

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### **Parenting Your Anxious Child**

**Expectations of your child**

It's important that you have the same expectations of your anxious child that you would of another child (to go to birthday parties, make decisions, talk to adults). However, understand that the pace will need to be slower and there is a process involved in meeting this end goal. You can help your child break down big tasks into smaller steps that your child can accomplish (first go to the party with your child and agree to stay as long as your child is interacting with others, next time stay for the first half hour). You can help role-play or act out possible ways your child could handle a difficult situation. Saying it out loud makes kids more confident and more likely to try the strategy when your child is alone.

**Build your child's personal strength**

It's important to praise your child for facing challenges, trying something new or brave behavior. Some children like big loud exuberant praises, others like a quiet pat on the back. There is a lot you can do to help build your child's competence. Search to find avenues where your child can show he is good at something (music, art, sports). Also be sure your child has jobs around the house that show your child is contributing to the family.

**Letting your child learn to do things on his/her own**

While tempting, it is best not to take over or do it for your child. While this might help your child feel better right now, the message your child is getting is that you don't believe your child can do it. Then your child will start to think the same way about him or herself. Try not to get caught continually reassuring your child that everything will be okay. Teach your child to answer his/her own questions and provide the reassurance him/herself. You can model how you think through and respond to your child's questions.

Brought to you by The Children's Center for OCD and Anxiety.