



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">02/06/2023</p> <p>NO SCHOOL TODAY</p>	<p style="text-align: right;">02/07/2023</p> <p>WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Turkey Sausage Patty & WG Pancakes* Syrup Maple (ss) Bananas Choice of Milk</p>	<p style="text-align: right;">02/08/2023</p> <p>Pumpkin- Carrot WW Breakfast Bar(V) Fresh Apples Choice of Milk</p>	<p style="text-align: right;">02/09/2023</p> <p>Cereal WG Cheerios (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk</p>	<p style="text-align: right;">02/10/2023</p> <p>Apple Caramel WW Bread Pudding (V) Fresh Tangerines Choice of Milk</p>
<p style="text-align: right;">02/13/2023</p> <p>Homemade WW Gingerbread Muffin (V) Fruit Punch Juice Choice of Milk</p>	<p style="text-align: right;">02/14/2023</p> <p>WW Breakfast Roll w/ Cheesy Scramble Eggs (V) Fresh Tangerines Choice of Milk</p>	<p style="text-align: right;">02/15/2023</p> <p>Cinn. Raisin WG Bagel(VG) Cream Cheese (ss) Fresh Apples Choice of Milk</p>	<p style="text-align: right;">02/16/2023</p> <p>WG Waffles w/ Cinn. Apple-Pears Syrup (V) Fresh Pears Choice of Milk</p>	<p style="text-align: right;">02/17/2023</p> <p>NO SCHOOL TODAY</p>
<p style="text-align: right;">02/20/2023</p> <p>NO SCHOOL TODAY</p>	<p style="text-align: right;">02/21/2023</p> <p>Breakfast Pizza w/ Hash Brown Crust & Roll Fresh Apples Choice of Milk</p>	<p style="text-align: right;">02/22/2023</p> <p>WG French Toast Sticks (V/VG) Syrup Maple (ss) Fresh Pears Choice of Milk</p>	<p style="text-align: right;">02/23/2023</p> <p>WG Cinnamon Roll (V) Orange Juice Choice of Milk</p>	<p style="text-align: right;">02/24/2023</p> <p>Chai Cheesecake Whole Wheat Muffin (V) Bananas Choice of Milk</p>
<p style="text-align: right;">02/27/2023</p> <p>Cereal Cheerios Multigrain (V/VG) Assorted Light Yogurt Fresh Pears Choice of Milk</p>	<p style="text-align: right;">02/28/2023</p> <p>WG Corn Muffin Fruit Punch Juice Choice of Milk</p>	<p style="text-align: right;">03/01/2023</p> <p>One-Pan Breakfast Potato, Egg Scramble & Roll (V) Fresh Tangerines Choice of Milk</p>	<p style="text-align: right;">03/02/2023</p> <p>Pumpkin- Carrot WW Breakfast Bar(V) Bananas Choice of Milk</p>	<p style="text-align: right;">03/03/2023</p> <p>WG Choc. Chip Pancakes(V) Syrup Maple (ss) Fresh Apples Choice of Milk</p>

*** Denotes meal only for PreK. Prek 3/4 servings must include 6 oz of milk, 1/2 serving of grain and 1/2 cup of fruit or vegetables. PreK will always have sliced or finely chopped fruits.**

**** Denotes meal only for K to 8th (not PreK)**

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on

Breakfast and/or Lunch menu: Apples (MD/PA/VA).

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy.

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Jan 25, 2023