



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">02/06/2023</p> <p>NO SCHOOL TODAY</p>	<p style="text-align: right;">02/07/2023</p> <p>Chili Turkey Hot Dog** on a WG Bun Veggie Hot Dog** WW Grilled Cheese Sandwich* Green Beans Ketchup (ss) Fresh Pears Choice of Milk</p>	<p style="text-align: right;">02/08/2023</p> <p>Chicken Caesar WG Pasta Salad Chicken Meatless Caesar WG Pasta Salad (V) Fruit Punch Juice Choice of Milk</p>	<p style="text-align: right;">02/09/2023</p> <p>Chicken & Tk. Bacon WG Pasta w/Tomato & Spinach Chicken Meatless WG Pasta w/Tomato & Spinach Bananas Choice of Milk</p>	<p style="text-align: right;">02/10/2023</p> <p>Beef Burger & WG Bun Veggie Burger & WG Bun (V/VG) Mash Potatoes & Cauliflower Ketchup (ss) Apples Choice of Milk</p>
<p style="text-align: right;">02/13/2023</p> <p>Turkey Shepherd's Pie w/ Mashed Potato & Carrot Meatless Shepherd's Pie w/ Mashed Potato & Carrot (V) Steamed Brown Rice Apples Choice of Milk</p>	<p style="text-align: right;">02/14/2023</p> <p>Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Roasted Cauliflower and Broccoli Medley Fresh Pears Choice of Milk</p>	<p style="text-align: right;">02/15/2023</p> <p>Apple Provolone Turkey Sandwich Apple Provolone WW Sandwich (V) Carrots Sticks Ranch Dressing (ss) Bananas Choice of Milk</p>	<p style="text-align: right;">02/16/2023</p> <p>BYO Turkey Nachos WG w/ Romaine & Corn Pico BYO Meatless Nachos WG w/Rom. & Corn Pico (V/VG) Bean Dip Sour Cream (ss) Fresh Tangerines Choice of Milk</p>	<p style="text-align: right;">02/17/2023</p> <p>NO SCHOOL TODAY</p>
<p style="text-align: right;">02/20/2023</p> <p>NO SCHOOL TODAY</p>	<p style="text-align: right;">02/21/2023</p> <p>Fiesta Brown Rice Chicken w/ Corn, G. Peas & Carrot Br. Rice Chicken Meatless w/Corn,G. Peas & Carrot(V) Fruit Punch Juice Choice of Milk</p>	<p style="text-align: right;">02/22/2023</p> <p>Strawberry WG Pasta Salad w/Chicken,Broccoli &Cumb. WG Pasta Salad Meatless w/ Broccoli & Cucumber Bananas Choice of Milk</p>	<p style="text-align: right;">02/23/2023</p> <p>Beef Meatballs w/ Brown Rice & Bk. Beans Veggie Meatballs w/ Brown Rice & Beans (V/VG) Apples Choice of Milk</p>	<p style="text-align: right;">02/24/2023</p> <p>WG Chicken Corn Dog** Veggie Hot Dog** WW Grilled Cheese Sandwich* Green Bean & Carrot Medley Mayonnaise SS Pouch (LS) Ketchup (ss) Fresh Tangerines Choice of Milk</p>
<p style="text-align: right;">02/27/2023</p> <p>Grilled Chicken Baked Chickenless (V/VG) Steamed Brown Rice & Black Beans Apples Choice of Milk</p>	<p style="text-align: right;">02/28/2023</p> <p>BBQ Chicken on a WG Slider BBQ Chicken Meatless WG Slider (V/VG) Sweet Corn Bananas Choice of Milk</p>	<p style="text-align: right;">03/01/2023</p> <p>Cranberry Turkey Breast w/ Arugula WW Sandwich Cranberry Toasted Tofu w/ Arugula WW Sandwich (V) Fresh Broccoli Ranch Dressing (ss) Fresh Pears Choice of Milk</p>	<p style="text-align: right;">03/02/2023</p> <p>Chicken Stroganoff Pasta w/Pepper,Carrot & Zuchin. Chicken Meatless Pasta w/ Pepper,Carrot& Zuchin. (V) Orange Juice Choice of Milk</p>	<p style="text-align: right;">03/03/2023</p> <p>WG Cheese Pizza (V) Sweet Creamy Coleslaw Fresh Tangerines Choice of Milk</p>

* Denotes meal only for PreK. Prek 3/4 servings must include 6 oz of unflavored skim and 1% milk. 1-1.5 M/MA, 1/2 serving of grain, 1/4 cup of fruit and 1/4 cup of vegetables. PreK will always have sliced or finely chopped fruits.

** Denotes meal only for K to 8th (not PreK)

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/VA), Sweet Potato (MD/PA), Cucumber (MD), Potatoes (PA/MD)

Available Choice of Milk: Unflavored 1%, skim unflavored, Lactose Free or Soy (Upon Request)
Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.
WG = Whole Grain WW = Whole Wheat