

Spring/Fall BREAKFAST (PreK -12th Grade) HHFKA K-12 (age 5-18)

Menu subject to change. For any questions or comments please contact us directly at menu@luncherasdisi.com

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="right">04/01/2024</p> <p>Cereal Cheerios Multigrain (V/VG) Go Gurts Fresh Tangerines Choice of Milk</p>	<p align="right">04/02/2024</p> <p>Homemade WW Choco Chip Banana Bread (V) Orange Juice Choice of Milk</p>	<p align="right">04/03/2024</p> <p>WW Egg Burrito w/ Turkey Breast & Cheese WW Egg & Cheese Burrito (V) Fresh Pears Choice of Milk</p>	<p align="right">04/04/2024</p> <p>Whole Grain Pancakes (V) Fresh Apples Maple Syrup (ss) Choice of Milk</p>	<p align="right">04/05/2024</p> <p>NO SCHOOL TODAY</p>
<p align="right">04/08/2024</p> <p>Yoplait Yogurt & Granola (V) Orange Juice Choice of Milk</p>	<p align="right">04/09/2024</p> <p>WG English Muffin w/ Egg Patty & Cheese (V) English Muffin & Tofu Scramble (VG) Fresh Tangerines Choice of Milk</p>	<p align="right">04/10/2024</p> <p>Blueberry WW Bread Pudding (V) Bananas Choice of Milk</p>	<p align="right">04/11/2024</p> <p>Baked French Toast WW Muffin (V) Fresh Apples Choice of Milk</p>	<p align="right">04/12/2024</p> <p>Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fresh Pears Choice of Milk</p>
<p align="right">04/15/2024</p> <p>NO SCHOOL TODAY</p>	<p align="right">04/16/2024</p> <p>NO SCHOOL TODAY</p>	<p align="right">04/17/2024</p> <p>NO SCHOOL TODAY</p>	<p align="right">04/18/2024</p> <p>NO SCHOOL TODAY</p>	<p align="right">04/19/2024</p> <p>NO SCHOOL TODAY</p>
<p align="right">04/22/2024</p> <p>Homemade Multigrain Muffin (V) Fresh Pears Choice of Milk</p>	<p align="right">04/23/2024</p> <p>WG Croissant w/ American Cheese(V) Fresh Oranges Choice of Milk</p>	<p align="right">04/24/2024</p> <p>Frosted Mini Wheat Cereal (V/VG) Bananas Choice of Milk</p>	<p align="right">04/25/2024</p> <p>Peachy WG Cinnamon Roll Cobbler (V) Apples Choice of Milk</p>	<p align="right">04/26/2024</p> <p>Chicken Sausage WG Pancake Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fruit Punch Juice Choice of Milk</p>
<p align="right">04/29/2024</p> <p>Pillsbury WW Mini Bagel Strawberry & Cream Cheese Fresh Apples Choice of Milk</p>	<p align="right">04/30/2024</p> <p>Cereal Cheerios Multigrain (V/VG) Bananas Choice of Milk</p>	<p align="right">05/01/2024</p> <p>Homemade WW Choco Chip Banana Bread (V) Fresh Tangerines Choice of Milk</p>	<p align="right">05/02/2024</p> <p>WW Egg Burrito w/ Turkey Breast & Cheese WW Egg & Cheese Burrito (V) Fresh Pears Choice of Milk</p>	<p align="right">05/03/2024</p> <p>Whole Grain Pancakes (V) Maple Syrup (ss) Orange Juice Choice of Milk</p>

*** Denotes meal only for PreK. Prek 3/4 servings must include 6 oz of milk, 1/2 serving of grain and 1/2 cup of fruit or vegetables. PreK will always have sliced or finely chopped fruits.**

**** Denotes meal only for K to 12th (not PreK)**

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (NC)

**Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon request).
Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.**

WG = Whole Grain WW = Whole Wheat

Mar 12, 2024