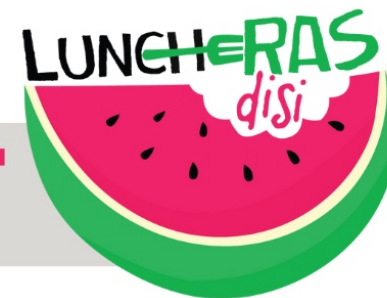




Milk, grain, fruit, meat or meat alternative

BREAKFAST



**Menu subject to change. For any questions or comments
 please contact us directly at menu@luncherasdisi.com**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>01/05/2026</p> <p>WG Lucky Charm Cereal Cereal WG Cheerios-(PreK) Yoplait Yogurt Fresh Apples Choice of Milk</p>	<p>01/06/2026</p> <p>Oatmeal Soft Round Banana Chocolate Chip (V) Fresh Pears Choice of Milk</p>	<p>01/07/2026</p> <p>WW Sweet Potato Muffin(V) Mozzarella Cheese Stick** Fruit Punch Juice Choice of Milk</p>	<p>01/08/2026</p> <p>WG French Toast Sticks (V/VG) Syrup Maple (ss) Bananas Choice of Milk</p>	<p>01/09/2026</p> <p>Pillsbury Mini Cinnis Cinnamon (V) Fresh Oranges Choice of Milk</p>
<p>01/12/2026</p> <p>Cinnamon Toast Crunch Cereal (V/VG) Cereal WG Cheerios-(PreK) Yoplait Yogurt Fresh Pears Choice of Milk</p>	<p>01/13/2026</p> <p>WG Choc. Chip Pancakes(V) Syrup Maple (ss) Bananas Choice of Milk</p>	<p>01/14/2026</p> <p>Baked French Toast WW Muffin (V) Mozzarella Cheese Stick** Cranberry Juice Choice of Milk</p>	<p>01/15/2026</p> <p>Apple Homemade Baked Oatmeal (V) Fresh Oranges Choice of Milk</p>	<p>01/16/2026</p> <p>Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Biscuit Fresh Apples Choice of Milk</p>
<p>01/19/2026</p> <p>NO SCHOOL TODAY</p>	<p>01/20/2026</p> <p>Cereal Cheerios Multigrain (V/VG) Cereal WG Cheerios-(PreK) Yoplait Yogurt Fresh Apples Choice of Milk</p>	<p>01/21/2026</p> <p>Tk. Patty & WG Pancakes Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fresh Pears Choice of Milk</p>	<p>01/22/2026</p> <p>Pillsbury Breakfast Egg & Cheese Scrambler(V) Bananas Choice of Milk</p>	<p>01/23/2026</p> <p>Homemade WW Gingerbread Muffin (V) Cranberry Juice Choice of Milk</p>
<p>01/26/2026</p> <p>Cereal Cheerios Honey Cereal WG Cheerios-(PreK) Yoplait Yogurt Fresh Pears Choice of Milk</p>	<p>01/27/2026</p> <p>Pumpkin- Carrot WW Breakfast Loaf (V) Bananas Choice of Milk</p>	<p>01/28/2026</p> <p>WG Pancake Bites Poffitz (V) Syrup Maple (ss) Cranberry Juice Choice of Milk</p>	<p>01/29/2026</p> <p>WW Egg Burrito w/ Turkey Breast & Cheese WW Egg & Cheese Burrito (V) Fresh Apples Choice of Milk</p>	<p>01/30/2026</p> <p>NO SCHOOL TODAY</p>

*** Denotes meal only for PreK. Prek 3/4 servings must include 6 oz of milk, 1/2 serving of grain and 1/2 cup of fruit or vegetables. PreK will always have sliced or finely chopped fruits.**

**** Denotes meal only for K to 12th (not PreK)**

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on

Breakfast and/or Lunch menu: Apples (PA/ VA /MD), Sweet Potato (NC).

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon request).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat