



BREAKFAST

milk, grain, fruit, meat or meat alternative



Menu subject to change. For any
 feedback please contact us directly at
menu@luncherasdisi.com

Monday	Tuesday	Wednesday	Thursday	Friday
08/17/2026 WG French Toast Sticks (V/VG) Turkey Sausage Link Veggie Sausage link (V) Syrup Maple (ss) Fresh Apples Choice of Milk	08/18/2026 Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Bananas Choice of Milk	08/19/2026 Breakfast Bowl w/Hash Brown, turkey, egg & ch. Veggie Bowl w/Hash Brown crumbles, egg & cheese(V) Cranberry Juice Choice of Milk	08/20/2026 WG Apple Cinnan. Muffin-V Mozzarella Cheese Stick** Fresh Pears Choice of Milk	08/21/2026 Sunbutter Overnight Oats (V) Sunbutter Overnight Oats (VG) Diced Peaches Fruit Punch Juice Choice of Milk
08/24/2026 Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk	08/25/2026 WG English Muffin w/ Chicken Patty & A. Cheese WG English Muffin w/ Veggie Patty & Cheese Ketchup (ss) Fresh Apples Choice of Milk	08/26/2026 WG Blueberry Muffin(V/DF) Mozzarella Cheese Stick** Orange Juice Choice of Milk	08/27/2026 Eggo Mini Maple WW Waffles (V) Syrup Maple (ss) Bananas Choice of Milk	08/28/2026 Yogurt Parfait w/ Mango & Pineapple(V) Yogurt Parfait w/ Mango & Pineapple (VG) Fruit Punch Juice Choice of Milk

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (upon request)**

Locally Grown Components Daily Served : **According to the season fruits and vegetables
 locally grown will be added on Breakfast and/or Lunch menu**

**Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon
 request.**

WG = Whole Grain WW = Whole Wheat