



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall - LUNCH
TEMPLATE - Lunch



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com

Monday	Tuesday	Wednesday	Thursday	Friday
08/17/2026 Creamy Turkey Lasagna Rollup w/Alfredo Sauce(V) Spaghetti & Plant Based Meat Sauce (V/VG) Roasted Eggplant Fresh Tangerines Choice of Milk	08/18/2026 Cheesy Turkey Taco Rice w/ Black Beans & Corn CHZ Veggie Taco Rice w/ Black Beans & Corn (V/VG) Hot sauce (ss) Applesauce Strawberry Choice of Milk	08/19/2026 DC Mambo Chicken WW Dumplings Blast DC Mambo Veggie WW Dumplings Blast (V/VG) Sweet Steamed Broccoli Apples Choice of Milk	08/20/2026 Teriyaki Beef Meatballs Teriyaki Veggie Meatballs (V/VG) WG Roll Honey-Glazed Carrots & Green Beans Bananas Choice of Milk	08/21/2026 Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Power up your burger Potatoes & Sw. Potatoes Ketchup (ss) Mustard, Yellow SS Pouch Fresh Oranges Choice of Milk
08/24/2026 WG Mini Cheese Ravioli w/ Marinara Sauce (V) Spaghetti & Plant Based Meat Sauce (V/VG) Roasted Sweet Potatoes Cranberry Juice Choice of Milk	08/25/2026 Crunchy Turkey Taco Salad Romaine, Tomato & Cucumber Crunchy Veggie Taco Salad w/Rom., Tom. & Cuc. (V) WG Roll Fresh Oranges Choice of Milk	08/26/2026 Creamy Avocado Chicken Rice Bowl w/Corn & Beans C. Avocado Veggie Rice Bowl w/Corn & Beans (V) Fresh Tangerines Choice of Milk	08/27/2026 Baked Peruvian-Style Chicken Drumstick** Baked Peruvian-Style Tofu Strips (V/VG) WG Roll Baked Yuca Fries Pico de Gallo Apples Choice of Milk	08/28/2026 Nashville Style Chicken & Waffles Nashville Style Veggie Tenders & Waffles Green Beans & Corn Medley Fresh Pears Choice of Milk

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

** Denotes meals only for K to 8th

Locally Grown Components Daily Served: **According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Jul 21, 2026